

Counseling and Wellness Center



Things are like falling leaves,
tranquility comes after chaos.

24-HOUR EMERGENCY

HKUST Security Office
☎ 2358 8999

Hong Kong Police Force,
Ambulance & Fire Services
☎ 999

International SOS Assistance[#]
☎ 2528 9900

[#] For non-local students in HK and all HKUST students abroad;
Collect call will be accepted;
HKUST Membership Number: 07AYCA093635

Student Counseling

HKUST Counseling and Wellness Center*
☎ 2358 6696

24/7 HEARing[#]
☎ 8208 2688

* During office hours.

[#] The service is made available by Counseling and Wellness Center
in collaboration with the Christian Family Service Center.

Medical & Health

HKUST Medical Clinic*
☎ 2358 6670

* During office hours.

Staff Counseling

Vital Employee Service Consultancy[#]
☎ 2755 9227

[#] Including immediate family members.

The service is made available by Human Resources Office
in collaboration with the Christian Family Service Center.

Community Helplines

The Samaritans (Multi-Lingual)
☎ 2896 0000

The Samaritans Befrienders Hong Kong (Cantonese)
☎ 2389 2222

24-hour Hospital Authority Psychiatric Hotline
☎ 2466 7350

Caritas Family Crisis Support Hotline
☎ 18288

Tung Wah Group of Hospitals
CEASE Crisis Center 24-hour Hotline
☎ 18281

Hong Kong Red Cross
Psychological Support Service "Shall We Talk"
☎ 5164 5040
@hkrcshallwetalk

24/7 Open Up (Online Text Platform)
☎ 9101 2012
f hkopenup
🌐 <https://www.openup.hk>